

Quest offers well-balanced meals that satisfy for a day of learning.

## WHAT'S IN A MEAL?

Quest knows how important it is to provide a complete and nutritious meal for students to fuel their days for learning and fun. Our meals take into account the inclusion of important dietary needs as well as offering daily menu variety and satisfying flavors to increase daily program participation.

BREAKFAST-BREAKFAST SANDWICH W OR W/OUT MEAT

PICK ONE OF THE FOLLOWING ITEMS FOR LUNCH

**GRILL- HAMBURGER OR CHEESEBURGER** 

**CRUST- SLICE OF PIZZA OR PASTA W/ SAUCE** 

PICANTE – 2 TACOS

**BREAD AND BOWL- DELI SANDWICH OR SALAD** 

EACH ENTRÉE COMES WITH -WATER OR MILK WHOLE FRUIT AND A VEGTABLE CUP Rotating meals are served daily and additional

food items, snacks, and beverages are also available for purchase.





LOOK FOR THIS ICON

